

## Red glutinous rice paddy picnic

Richly colored and delicious red glutinous rice is the star of this outdoor picnic. Cooking is done outdoors and dishes also include smoked chicken and edible wild greens. In addition, listen to traditional songs and learn how to make moichi, a traditional sticky rice dessert.

Indigenous cuisine meals are also available in the community.

## Edible wild greens market tour

The Amis tribe has preserved much of its traditional knowledge regarding plant use, including edible wild greens. Visit Guangfu Market with an expert. This is where the largest selection of edible wild greens in Hualien can be found. You can also see local residents buying food here.



## Amis culinary arts classroom

Red glutinous rice was steamed, or it was cooked to produce toron (moichi). Currently, there is one harvest of red glutinous rice per year, making it precious. In the Amis culinary arts classroom learn the traditional stories of this grain, how it was traditionally cooked and how it can be used to create innovative dishes.

Fermented Red glutinous rice DIY is also available in the community.

## Reservations

### Itinerary

#### 1 One-day red glutinous rice culinary experience

Edible wild greens market tour → Amis culinary arts classroom → guided cultural tour → red glutinous rice paddy picnic → traditional songs for pestle and mortar

Quota of people is 20-30

#### 2 Half-day indigenous cuisine experience

Amis culinary arts classroom → traditional songs for pestle and mortar → indigenous cuisine meal

### Traffic



By Car

- Drive along the Provincial Highway No.9,2 section Zhongzheng Road, drive along 2nd St, turn left to the Fu'ai St, 1, and then arrive.



By Train

- From Taipei :  
Taipei station → Eastern Mainline Line → Guangfu Station → Taxi → Tafalong Community
- From Kaohsiung :  
Kaohsiung station → South link line → Guangfu station → Taxi → Tafalong Community

### Contact

Tafalong Katepaay (Red Glutinous Rice Hall)  
Liu Yan-Ling 0966-662-871  
No.15-1, Fu'ai St., Guangfu Township, Hualien County 976, Taiwan (R.O.C.)

Reservations must be made 7 days in advance

## Guided cultural tour

Visit the century-old Taibalang Elementary School, which has produced some of Taiwan's best baseball players, and discover this community's rich culture, such as Amis wood carving. View an ancient well dug by Amis ancestors and stop at the kakitaan ancestral spirit house to learn out about traditional beliefs, ceremonies and social structure.

## Traditional songs for pestle and mortar

In the Amis language, moichi, a sticky rice dessert, is called "toron". In the past, this was only made on special occasions. Cooked rice is placed into wooden mortar and continuously pounded with wooden pestle, to the rhythm of a traditional song, until it becomes sticky.



Location



Link



交通部觀光署花東縱谷國家風景區管理處  
East Longitudinal Valley National Scenic Area Headquarters, Tourism Administration, MOTC

廣告